



# Recorder Lessons



Experience the joy of playing music with others.

The easiest of all wind instruments to learning music on, is inexpensive, portable – great for a hike in the woods or playing Christmas carols in front of the fireplace with your family.

A member of the flute family, it has a beautiful tone and comes in various sizes from the high sound of the sopranino to the low bass recorder.

The recorder is both an ancient, yet totally modern wind instrument. Once played by kings, today used in schools – played by both amateurs and professionals for all styles of music - classical, folk, rock, church.

Your instructor is Elaine Henzler of COURTLY MUSIC UNLIMITED in Warrensburg. She has over 30 years of teaching experience with children and adults of all ages, a patient Juilliard grad with a passion for music, the recorder and teaching others.

## RECORDER CLASS for BEGINNERS

**When: Tuesday March 10 at 4:30 pm**

**Where: Hudson River Music Hall**

**10 Maple St Hudson Falls**

*No experience necessary!* (Private lessons and other group times also available)

To sign up or for fees and initial costs call Richie in Warrensburg at 623-2867

### *Do you know:*

*1. According to recent scientific studies at Western University in London, Ontario playing a musical instrument has a beneficial effect on your brain. A year of lessons combined with regular practice can increase your IQ by as much as three points*

*2. Music lessons have benefits long after lessons have ended. Musical training improves the brain's ability to discern the components of sound. Skill in appreciating the subtle qualities of sound even against a complicated and noisy background, is important not just for a child learning to understand speech and written language, but also for an elderly person struggling with hearing loss. In a study of those who keep playing as they age, older musicians experience the same decline in peripheral hearing as others but preserve the brain functions, the central auditory processing skills that can help you understand speech against a noisy background.*

*3. Improves: ability to focus, eye-hand coordination, breathing and breath control, , keeps small muscles limber*

*4. The President's Committee on the Arts Initiative has found this leads to improved engagement & attendance in school, as well as, increased self-confidence*

### **COURTLY MUSIC UNLIMITED**

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